

## 2015 AIPL Volleyball Rules

The AIPL will follow the UIL Rule Book with the following exceptions:

1. Games are scheduled for one hour, which allows for a 10 minute warm-up. Both coaches CAN decide they do not want to warm-up for the entire 10 minutes. (4 min hit, 4 min off, 2 min serve). If games are running late, warm-ups will be shortened.
2. The net height for 7/8 is 7'4". The net height for 5/6 is 7'0"
3. The service line for 5/6 is the same as 7/8, however 5/6 graders will use Volley-Lites.
4. All jerseys should have numbers on both sides and all players on the same team will wear the same color pair of shorts. (If black spandex, keep logos to a minimum).
5. Teams must have 6 players to begin a match, once begun, a team that has less than 6 players will receive a side out for each vacant position.

If questioned in a match, please abide by the following league rules:

1. The ball can be played off the ceiling if the ball comes back down on the side that hit it. Referees will go over each gym's specific ceiling rules before each game with the team captains and coaches.
2. At the start of the game, the team not serving shall rotate one position clockwise on the first (and all) side out. Note. Position "2" on line-up will be first server if team starts in serve receive.
3. The serving area shall be behind the end line and from sideline to sideline.
4. At the end of each set, the teams go back across their end line to await the referee to signal switching courts.
5. A team can have a total of 18 subs during a game.
6. All games will be rally scoring. The first and second games will be to 25 points (cap at 30). The third game, if needed, will be to 15 points (cap at 20).
7. One ball drop and re-serve allowed per rotation (however many times athlete serves)
8. Each team has 2 time-outs per set (game).

### Points of Emphasis

1. Liberos shall wear a solid colored uniform top that is clearly in contrast from the predominant color of her teammates.
2. Liberos can serve, but only once per 6 rotations (only serve for 1 player, not multiple). If a team uses a libero the coach must assign a libero tracker sitting at the scores table.
3. Line Judges should be used for 7/8 grade games, no students or players will be allowed to call lines.
4. A player's feet may touch the floor across the center line provided that a full foot does not cross the center line.
5. A net fault occurs while the ball is in play and a player contacts any part of the net; it is not considered a fault if the force of a ball hit by an opponent pushes the net into the player or the player's hair touches the net.
6. Home Team should provide warm-up volleyballs for the Visiting Team.
7. A third game that is not necessary, can be played if both coaches want more court time. Please stop this game without completion if completing the game would cause the next game to start late.